

# Getting Business Students Unstuck

Business Career Counseling and Assessment Training Program

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## *Day One*

9:00 – 9:45	Introductions, learning goals, course overview
9:45am – 12:30 (break at 10:30)	Review of <i>CareerLeader</i> <sup>®</sup> assessments/functions The Professional Report Online resources for students Online resources for career services Interpreting <i>CareerLeader</i> <sup>®</sup> cases
12:30 – 1:45	Lunch
1:45 – 3:15	Interpreting <i>CareerLeader</i> <sup>®</sup> cases Overview of career coaching model
3:15 – 3:30	Break
3:30 – 5:00	Getting unstuck: An introduction to a six phase impasse-to-vision model <i>Image Gathering</i> exercise

## *Day Two*

9:00 – 10:30	Facilitating images and metaphors for change The 100 Jobs Exercise
10:30 – 10:45	Break
10:45 – 11:15	Power, people and achievement: Understanding social motivation in a career context
11:15 – 12:15	Putting it all together: Creating career transition maps Working with the dynamic tension of competing career alternatives
12:15 – 1:30	Lunch
1:30 – 2:30	Live career counseling session and discussion
2:30 – 2:45	Break
2:45 – 4:30	Career counseling practice in triads
4:30 – 5:00	Discussion and certificates